

MADE STUDENT DANCE COMPANY



COMPANY HANDBOOK 2022/23

WELCOME!

Dear Families,

We are excited that you have chosen to participate in our company program at Mountain Contemporary Dance Arts! Dance is our passion- we love what we do and appreciate the opportunity to share our passion with each of you. We are dedicated to providing a positive, healthy, and safe environment for your dancer to learn. The physical benefits of dance are obvious. Dancers are among the strongest athletes in any sport. More important than teaching any skill, we believe in developing your dancer into confident, motivated, courageous, and dedicated young people. Dance skills may fade, but the life skills they learn will stick with them long after their time at MCDA has finished.

Being a part of MADE is a big commitment for the entire family, however at MCDA we believe in a balanced approach to training. The structure of our programs are designed to allow a studio/life balance.

This handbook will serve as a contract between the dancers, parents, and teachers as well as a guide to your dancer's company experience at MCDA. The following pages will outline expectations for our company dancers as well as parents and teachers. Please read through this handbook carefully and discuss with your dancer. After reading we would be happy to answer any questions that you have.

Sincerely,

Kaitlyn McMorran, MADE Director

Summer Templin Culp, MCDA Director



WHAT IS MADE?

The Mountain Arts Dance Ensemble is the student dance company at Mountain Contemporary Dance Arts. The MADE Student Dance Company, for ages 8-18, accelerates a dancer's training and provides additional performance opportunities in a supportive and creative environment. MADE is a non-competitive student training and performance group that focuses on the whole dancer - we believe in providing learning and growth opportunities for individuals to become good dancers as well as good people.

MADE dancers embrace versatility, training in a variety of styles including modern, contemporary, ballet, jazz, tap, hip hop, Bollywood, and more! We strive to provide a high caliber of training with a flexible schedule to allow for dancers to still be involved in other extracurricular activities and learn life balance.

MADE dancers are encouraged to flex their creative muscles and explore choreography and composition each semester with group dances, solos, duets, or trios that are performed throughout the season in one of our recitals or MADE showcase opportunities.

MADE is for the dancer who wants more - more dance classes each week, more performance opportunities outside of the semester recitals, more chances to create and perform dances, MORE! We understand that MADE is not necessarily for every dancer, every year, and that is okay! All dancers at MCDA are welcome to take weekly classes at their appropriate level.

MADE MISSION AND VALUES

- To provide quality dance instruction, focusing on the development of artistry, solid foundational skills, strength, flexibility, and proper technique.
- To recognize each dancer as an individual, and regard them as a child first and athlete second.
- To provide a positive, safe, healthy, and fun environment for dancers to learn.
- To challenge each dancer to develop their skills to the best of their ability.
- To encourage a strong sense of comraderie and friendship. Company members are expected to encourage, respect, admire, and build each other up.
- To develop self-motivated and driven dancers who approach dance with a growth mindset.
- To demonstrate a healthy perspective of success and overcoming challenges as both a team and individuals.

TEAMWORK
INTEGRITY
PERSEVERANCE
ACCOUNTABILITY
ARTISTRY
VERSATILITY
PROSPERITY



MADE GROUPS

The Flatirons

The Flatirons are the MADE apprentices. This group is designed for dancers who have turned 7 by August 1, who are interested in joining MADE but missed the intensive, not quite old enough, not quite working at Sunflower level in all their classes, or unsure about the commitment level required for the Sugarloaf group. The Flatirons take a minimum of two technique classes of their choice throughout the year and add a MADE rehearsal class in the spring semester. The Flatirons will perform in the MADE Showcase and the Spring Recital.

Sugarloaf dancers are working at a Sunflower* level in all their classes, Sugarloaf dancers take at least two technique classes and one MADE rehearsal (a minimum of 3 classes per week). Sugarloaf dancers perform in the Winter Recital, MADE Showcase, and Spring Recital.

Sugarloaf

Flagstaff

Flagstaff dancers are working at a Lilac* level in most of their classes, Flagstaff dancers take three technique classes and one MADE rehearsal (a minimum of 4 classes per week). Flagstaff dancers perform in the Winter Recital, MADE Showcase, and Spring Recital.

Sanitas dancers are working at a Violet* level in most of their classes, Sanitas dancers take four technique classes and one MADE rehearsal (a minimum of 5 classes per week). Sanitas dancers perform in the Winter Recital, MADE Showcase, and Spring Recital.

Sanitas

Eldorado

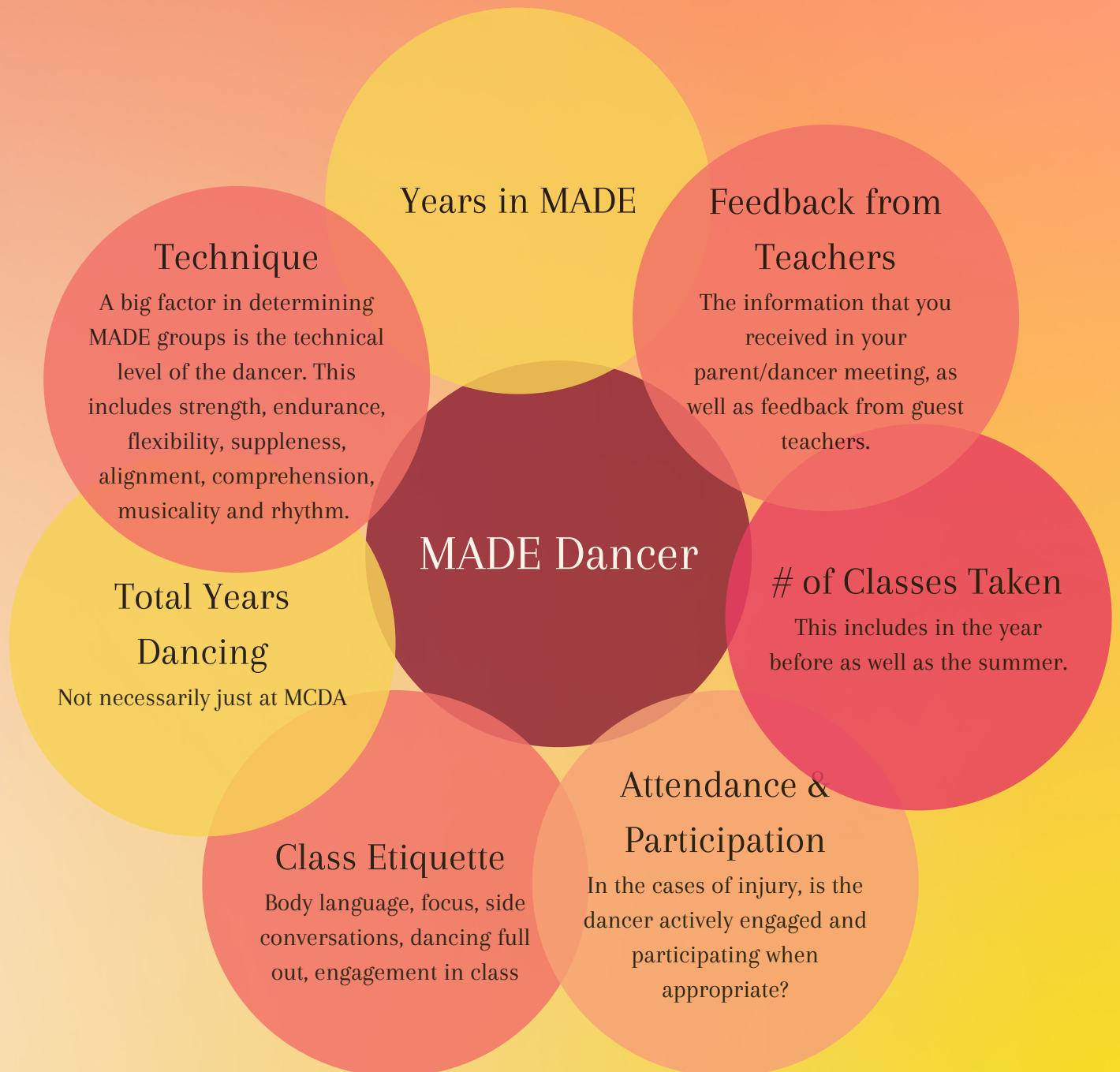
Eldorado dancers are working at Violet or Rose* level in most of their classes, Eldorado dancers take five technique classes and one MADE rehearsal (a minimum of 6 hours per week). Eldorado dancers perform in the Winter Recital, MADE Showcase, and the Spring Recital. It is highly encouraged that they participate in the Boulder Jazz Dance Youth Workshop in both the winter and summer.

Quandary

Quandary dancers are working at Rose* level in most of their classes. Quandary dancers take five technique classes and one MADE rehearsal (a minimum of 7 hours per week). Quandary dancers perform in the Winter Recital, MADE Showcase, Boulder Jazz Dance Youth Performance in the winter, and the Spring Recital. It is highly encouraged that they participate in the Boulder Jazz Dance Youth Workshop in the summer. Quandary dancers are expected to represent the values of MADE and MCDA in all aspects - exemplary technique, character, creativity, mindfulness - and demonstrate those qualities to all of their MADE peers and other dancers at MCDA. Quandary is by invitation only and dancers are required to participate in all of the performances on our company calendar. Our goal for Quandary dancers is to prepare them to launch a career in the dance industry. Quandary dancers are expected to have exemplary attendance throughout the season and not miss more than 20% of their classes each month (approx. 5.5 hours per month). If you are hesitant about the extensive time and financial commitment of Quandary, the Eldorado group will train at the same level and rigor, just without the added time commitment.

*Not all dancers will be placed in a MADE group based on their level within the MCDA program. Dancers will be placed into MADE groups based on a variety of factors, including but not limited to, age, technical level, maturity level, and experience.

HOW ARE MADE GROUPS DETERMINED?



As a teaching staff, we have committed to grouping dancers where we feel they will be the most successful and have the greatest opportunity for personal growth. We will never place a dancer in a group where they are unprepared physically, mentally or emotionally. Safety and artistry are our top priorities and dancers must obtain certain skills, strength, and flexibility requirements to move from one group to the next. We also want to make sure that your dancers are put into groups where they can feel success and the strength of their own artistry.

CLASS REQUIREMENTS

The classes listed below are the minimum requirement for each group. Dancers are welcome to take additional classes to continue their training.

THE FLATIRONS 3 HOURS TOTAL - SPRING	SUGARLOAF 3 HOURS TOTAL	FLAGSTAFF 4 HOURS TOTAL	SANITAS 5 HOURS TOTAL	ELDORADO 6 HOURS TOTAL	QUANDARY 7 HOURS TOTAL
MADE Company Class (spring only) Friday 5:15-6:15pm	MADE Company Class Friday 5:15-6:15pm	MADE Company Class Friday 5:15-6:15pm	MADE Company Class Tuesday 6:30-7:30pm	MADE Company Class Tuesday 6:45-8pm	MADE Company Class Tuesday 6:45-8:15pm
Additional Technique Class of Choice	Ballet Friday 4:15-5:15pm	Ballet Friday 4:15-5:15pm	Ballet Tuesday 5-6:30pm	Ballet Tuesday 5:15-6:45pm OR 5-6:30pm depending on placement	Ballet Tuesday 5:15-6:45pm
Additional Technique Class of Choice	Modern Monday 6-7pm	Jazz Wednesday 4-5pm	Jazz Monday 6-7pm	Jazz Thursday 6-7pm	Jazz Thursday 6-7pm
		Additional Technique Class of Choice	Contemporary Wednesday 7:00-8:00pm	Contemporary Thursday 7-8pm	Contemporary Thursday 7-8pm
			Additional Technique Class of Choice	Additional Technique Class of Choice	Additional Technique Class of Choice
				Additional Technique Class of Choice to get to 6hrs	Additional Technique Class of Choice to get to 7hrs

CHOREOGRAPHY - FALL

How many dances will I learn as a part of MADE?

THE FLATIRONS SPRING ONLY	SUGARLOAF	FLAGSTAFF	SANITAS	ELDORADO	QUANDARY
Additional recital dances depend on number of technique classes enrolled	1 Faculty piece in Snowflake Soiree and BJDYW	1 Faculty piece in Snowflake Soiree and BJDYW	1 Faculty piece in Snowflake Soiree and BJDYW	1 Faculty piece in Snowflake Soiree and BJDYW	1 Faculty piece in Snowflake Soiree and BJDYW
	1 Student Choreography piece in Snowflake Soiree	1 Student Choreography piece in Snowflake Soiree	1 Guest artist piece in Snowflake Soiree (maybe BJDYW)	1 Guest artist piece in Snowflake Soiree (maybe BJDYW)	1 Guest artist piece in Snowflake Soiree (maybe BJDYW)
	Additional recital dances depend on number of technique classes enrolled	Additional recital dances depend on number of technique classes enrolled	1 Student Choreography piece in Snowflake Soiree	1 Student Choreography piece in Snowflake Soiree	1 Student Choreography piece in Snowflake Soiree
			Additional recital dances depend on number of technique classes enrolled	Additional recital dances depend on number of technique classes enrolled	Additional recital dances depend on number of technique classes enrolled



CHOREOGRAPHY – SPRING

How many dances will I learn as a part of MADE?

THE FLATIRONS SPRING ONLY	SUGARLOAF	FLAGSTAFF	SANITAS	ELDORADO	QUANDARY
1 Faculty piece in MADE Showcase and spring recital	1 Faculty piece in MADE Showcase and Spring Recital	1 Faculty piece in MADE Showcase and Spring Recital	1 Faculty piece in MADE Showcase and Spring Recital	1 Faculty piece in MADE Showcase and Spring Recital	1 Faculty piece in MADE Showcase and Spring Recital
MADE Production (spring recital only)	MADE Production (spring recital only)	MADE Production (spring recital only)	1 Faculty piece in Spring Recital	1 Faculty piece in Spring Recital	1 Faculty piece in Spring Recital
Additional recital dances depend on number of technique classes enrolled	Option to create duet/trio/ quartet in MADE Showcase	Option to create duet/trio/ quartet in MADE Showcase	MADE Production (spring recital only)	MADE Production (spring recital only)	MADE Production (spring recital only)
	Additional recital dances depend on number of technique classes enrolled	Additional recital dances depend on number of technique classes enrolled	Option to create solo/duet/trio in MADE Showcase	Option to create solo/duet/trio in MADE Showcase	Option to create solo/duet/trio in MADE Showcase
			Additional recital dances depend on number of technique classes enrolled	Additional recital dances depend on number of technique classes enrolled	Additional recital dances depend on number of technique classes enrolled

PERFORMANCES

Which performances will I be in as a part of MADE?

THE FLATIRONS SPRING ONLY	SUGARLOAF	FLAGSTAFF	SANITAS	ELDORADO	QUANDARY
Snowflake Soiree (with other technique classes)	Snowflake Soiree	Snowflake Soiree	Snowflake Soiree	Snowflake Soiree	Snowflake Soiree
Winter Ballet Production (with other technique classes)	Winter Ballet Production	Winter Ballet Production	Winter Ballet Production	Winter Ballet Production	Winter Ballet Production
	Winter BJDYW optional	Winter BJDYW optional	Winter BJDYW Highly Encouraged	Winter BJDYW Highly Encouraged	Winter BJDYW Required
MADE Showcase	MADE Showcase	MADE Showcase	MADE Showcase	MADE Showcase	MADE Showcase
Spring Recital	Spring Recital	Spring Recital	Spring Recital	Spring Recital	Spring Recital
	Summer BJDYW optional	Summer BJDYW optional	Summer BJDYW optional	Summer BJDYW Highly Encouraged	Summer BJDYW Highly Encouraged

See the calendar for dates of each performance

SUMMER 2023 CLASS REQUIREMENTS

The classes listed below are the minimum requirement for each group. Dancers are welcome to take additional classes to continue their training.

THE FLATIRONS 2 HOURS TOTAL	SUGARLOAF 2 HOURS TOTAL	FLAGSTAFF 2 HOURS TOTAL	SANITAS 3 HOURS TOTAL	ELDORADO 4 HOURS TOTAL	QUANDARY 5 HOURS TOTAL
Technique class of choice	MADE Company Class	MADE Company Class	MADE Company Class	MADE Company Class	MADE Company Class
Technique class of choice	Ballet	Ballet	Ballet	Ballet	Ballet
			Technique class of choice	Technique class of choice	Technique class of choice
				Technique class of choice	Technique class of choice
					Technique class of choice

MADE INTENSIVE

All company dancers are required to participate in the MADE intensive in June.

The intensive offers dancers the opportunity to take a variety of classes from guest teachers and serves as one of many factors when determining MADE groups for the coming season.



PARENT/DANCER MEETINGS

All company dancers will be required to have one parent/dancer meeting with the directors in April. These meetings are a great opportunity to check in with each other to make sure we are supporting our dancers in their creative, artistic, and technical goals. During these 15 minute meetings with you and your dancer, we will go over feedback and accomplishments from teachers, discuss your dancer's goals for the rest of the season and beyond, and talk about summer class recommendations. Meetings will take place during normal class time and sign up sheets will be sent out in early April.

WE ARE ONE COMPANY!

Even though we have SIX (!!!) different MADE groups, we are one team. There will be multiple opportunities throughout the year to connect with other MADE groups, including our team building events. We will strive to have TWO team building events per semester - 1 in studio and 1 excursion. Team building events may have additional fees associated with them which will be sent out in advance.

Additionally, all MADE dancers will be placed into a family within MADE. Your MADE family will give you the opportunity to build relationships with others that you may not rehearse with each week. Families will also provide younger or newer MADE dancers the opportunity to ask questions of more seasoned MADE dancers. We encourage MADE families to check in with each other often and make sure all members of the family feel included and valued.

Opportunities to connect with your family might include: a quick check in the hallway between classes, at team building events, at performances, if you see their birthday on the MADE calendar and want to make them a birthday card, etc.



FEES

MADE Fee

All MADE dancers will be charged a one time MADE fee of \$125 at the beginning of the year. This fee will cover the costs for choreography fees, chaperones for field trips, administrative costs, and our company photoshoot.

Tuition

Tuition is based on hours trained per week. Tuition is auto-billed to your credit card on file on the 16th of the month prior. A printed billing calendar is available at the front desk.

ex: February tuition is billed on January 16th, March tuition is billed on February 16th

Fundraising

Participation in MADE can be expensive. MCDA works to keep costs as low as possible. There may be fundraising opportunities for MADE dancers throughout the year. Suggestions of fundraisers are always welcome, and we are always looking for parent volunteers to coordinate these efforts!

Special Events / Performance Fees

Some special events will require additional fees. Examples of these include field trips, team building events, intensives, and workshops. We will communicate these additional fees with as much advance notice as possible.

Recitals and performances, including our Snowflake Soirée/Winter Production, MADE Showcase and Spring Recital, all have performance fees associated with them. These fees cover the cost of renting a theater, staffing fees, and other performance related costs.

We always do our best to keep costume fees at MCDA low and affordable. This year, we will be lowering our costume fees for our company classes and may be requesting that dancers provide more items from home to keep costs down. Note that other technique classes that are not specific company classes will still have a costume fee associated with them as they did in years past.



CALENDAR*

August 9th 6:30pm - Parent/Dancer Meeting followed by potluck!

August 11th 3-5pm - Pool Party (adtl fee \$5)

August 14th-20th - Closed for classes

August 22nd - Fall classes begin

September 5th - Labor Day, no classes

September 9th 6-8pm - Story Production solo roles audition

September 10th - Company Photoshoot (covered in your MADE fee)

September 17th 10am-4pm - Field Trip! Industrial Dance Alliance Workshop (adtl fee TBD)

October 29th - Field Trip! Convergence performance (adtl fee \$25)

November 24th-26th - Closed for Thanksgiving

November 19th 1-4pm - Story Production full cast rehearsal

December 2nd - Field Trip! Rocky Mountain Rhythm performance (adtl fee \$20)

December 3rd 1-4pm - Story Production full cast rehearsal

December 4th - Snowflake Soiree and Story Production

December 9th 5-7pm - In studio team building

December 19th - January 3rd - Closed for winter break

January 4th - Spring classes begin

January 21st - Team building - Escape Room (adtl fee TBD)

January 27th-29th - Winter BJDYW (adtl fee TBD)

March 3rd 4:30-9pm - MADE Showcase (adtl fee TBD)

March 27th-31st - closed for Spring Break

April 18th-29th - Parent/Dancer Meetings

April 28th 6-8pm - In studio team building

May 18th-20th - Spring Recital

TBD - Last day of Spring classes / MCDA Closed

TBD - Summer session starts

June 9-11th - MADE Intensive



Special events may include additional fees, depending on the event and cost of production, entry fee, transportation, faculty staffing, etc. We will send details to you before you are charged.

We consciously try to select outside activities that are in support of local businesses and other arts organizations within our community. More dates will be added as spring performances within the community are announced. We are trying to go to performances for all of the companies that have come to teach us this season!

*We do our VERY best to plan events and commitments in advance. Occasionally we have to make changes to classes or events. We appreciate your understanding and flexibility when unforeseen circumstances occur.

ABSENCE POLICY

MADE Dancers are expected to have excellent attendance in all of their classes. Technique classes can be made up, but MADE rehearsals do not have the option to makeup. All MADE dancers will have access to the MADE BAND which will be updated regularly with choreography. Dancers needing to makeup technique hours can do so in a similar class at a lower level. Please speak with the front desk, Kaitlyn, or Summer to schedule your makeup classes.

Eldorado and Quandary dancers are expected to catch up on any missed choreography before the next rehearsal by meeting with another member of their group or using the MADE BAND as choreography will not be re-taught. In some instances, a private lesson (with additional lesson fees) can be arranged to make up for the missed rehearsal.

All MADE dancers are expected to have an attendance rate of 80% or higher in all of their classes:

THE FLATIRONS 3 HOURS PER WEEK - SPRING	SUGARLOAF 3 HOURS PER WEEK	FLAGSTAFF 4 HOURS PER WEEK	SANITAS 5 HOURS PER WEEK	ELDORADO 6 HOURS PER WEEK	QUANDARY 7 HOURS PER WEEK
No more than 3 unexcused absences total per month	No more than 3 unexcused absences total per month	No more than 3 unexcused absences total per month	No more than 4 unexcused absences total per month	No more than 5 unexcused absences total per month	No more than 5 unexcused absences total per month

Excused vs. Unexcused Absences: Contagious illness and required (graded) school/academic activities ARE excused absences for rehearsals and class. Please be VERY thoughtful and considerate when signing up for extra curricular activities such as talent shows, school plays, sports, etc. Those activities will NOT be considered excused absences and frequent absences and tardiness have a negative effect on the company's ability to perform and rehearse at their best. We love our students to have a broad range of life experiences, and ask that their commitment to the company is honored when considering the addition of activities. Dancers that miss multiple classes and rehearsals may lose the opportunity to perform in certain sections of a dance, entire dances, or ultimately the company, if their continued absences or tardiness is negatively affecting the company.

Active class and rehearsal observation is required for company dancers resting an injury.

Please inform Kaitlyn (kaitlyn@mountaincontemporarydance.com) via email as early as possible when absences are known in advance, or as soon as possible in the case of illness.

COMMUNICATION

We believe that being in MADE offers dancers the chance to practice life skills like communication.

We want to encourage dancers to communicate their absences ahead of time rather than the parents. Of course, we would rather hear from someone instead of no one, but we really want to embolden our dancers (especially the older dancers) to start learning how to communicate with directors. We know from experience that this prepares dancers for professional conversations later in life, not just in the dance world.

We all have off days where we just don't feel like ourselves. We strongly believe in the physical and emotional power of dance to change our mood, however not everyone will respond to life stressors in the same way. First, be proud of yourself for showing up! Give yourself credit for making it to dance class. All of your teachers want to support you as a whole human, including your physical, mental, and emotional health. Therefore please communicate if you are having an off day to your teachers. We don't believe that you can "check your feelings at the door", and given the emotional aspects of dance, we wouldn't want you to. You don't need to give your teacher details, you can simply tell them that you are having an off day. This way, everyone is on the same page and your teachers aren't wondering why you may not be acting like your normal self. If you are uncomfortable approaching your teachers in this way, please connect with Kaitlyn to come up with a few strategies on how you can communicate these instances.

Email is the primary form of communication for MADE.

Please contact the MADE Director first with any MADE related questions/concerns.

We also recommend following the MCDA Facebook page for more information.

MADE Director - Kaitlyn McMorran

kaitlyn@mountaincontemporarydance.com

MCDA Director - Summer Templin Culp

summer@mountaincontemporarydance.com

Mountain Kids Owner - Anna Narvaes

anna@mountainkidslouisville.com



DANCER EXPECTATIONS

As a MADE Company Member you are expected to:

1. Attend and participate in ALL 2022/2023 performances and required events. MADE is a year long commitment.
2. Attend all required classes and rehearsals for participation in MADE.
We encourage you to sign up for additional classes (including the same style in multiple levels) if you'd like to accelerate and broaden your technique.
3. Embody and practice all of the MADE values both inside the studio and at events.
4. Adhere to the MCDA dress code which can be found on our website:
<https://mountaincontemporarydance.com/schedules/dress-codeclass-policies/>
5. Be on Time - warm up is one of the most important parts of class, please make all efforts to be on time.
6. Be Prepared for Class
 - Mentally Ready - Come with a positive attitude, ready to give it your maximum effort each and every class
 - Physically Ready - make sure you are in dress code and wearing the appropriate shoes, **and that your hair is secured out of your face and off of your neck in a ponytail or bun.**
7. Attitude - MADE dancers are expected to maintain respectful and positive attitudes at all times. Whining, pouting, negativity, arguing or other disruptive behaviors will not be tolerated. These are detrimental to both the progress of the individual dancer and the culture and attitude of the whole program. Dancers who are exhibiting any of these behaviors will receive 1 reminder. If behavior continues they will be asked to take a break (get some air, take a drink of water). Any disrespectful or disruptive behaviors in class will be communicated to parents after class.
8. Support & Respect each other - All dancers are expected to treat their teammates with kindness and respect. Support them when they are struggling and congratulate them when they succeed. The stronger your teammates are, the stronger our team will be! MCDA has a zero-tolerance policy for bullying, teasing, and other disrespectful behavior toward teammates. If teachers observe or are made aware of any of these behaviors a parent/ dancer meeting will be scheduled for all involved.
9. Be Respectful of your Teachers, MADE Program and Studios - Dancers are expected to be respectful of teachers and the program both inside and outside the studio and on social media.
10. Communicate with your teachers - It is the responsibility of the dancer to communicate with their teachers at the start of class. Injuries, frustrations, and other "low energy" days should be communicated to your teacher at the beginning of class - they can't read your mind!
11. Cell Phones/Apple Watches/Electronic Devices - All devices must remain in your dance bag during class and rehearsal. If you want to use your cell phone for any reason, like filming choreography for practice at home, you must ask your teacher for permission first. Apple Watches/FitBits are allowed to be worn, but if they are used for texting the teacher will ask dancers to remove them.

INJURIES

It is the responsibility of the dancer to communicate to teachers if they are injured or something hurts during class or rehearsal.

Any injury that occurs at MCDA will be communicated to the dancer's parent(s). If it is a serious injury parents will be contacted immediately. If the dancer is able to return to limited activity, parents will be notified at pick up.

If an injury occurs outside of class or a dancer comes home and tells the parent that something hurts, we ask that parents communicate in writing (email) to the directors, prior to next scheduled time at the studio. Please do not send dancers to class with ankle braces, ace wraps, Tiger Paws etc... without communicating to the teachers.

Dancing while injured - Injuries are unfortunately part of any sport. We encourage dancers to attend rehearsals and classes as much as possible while injured. This can include limited participation (with a medical professional's permission), to maintain as much strength, flexibility, and skill as possible while they heal. It may also include active observation and participation while not dancing.

Dancers with recurring, chronic, or injuries that persist for an extended period may be asked to visit a medical professional for guidance on continued appropriate and safe participation in dance. A doctor's note may be required to return to full physical participation.

Concussions - If your dancer suffers a concussion or suspected concussion at class, rehearsal, or outside the studio, they may not return to practice without a doctors note.



COMPANY ATTIRE/SUPPLIES

MADE Company Jackets - \$78 New members will be available to purchase at our company meeting in August. Company jackets will be worn to and from events and for outdoor performances, when appropriate.

New this year! MADE jacket buyback program: MCDA will buy back your lightly used MADE jackets that don't fit anymore. Lightly used jackets will be available to purchase for \$50.

Specific MADE dance wear

**ALL of your items must have your name on them*

- High quality black ankle length leggings
- Black jazz shoes (no show black socks if you'd prefer to wear socks inside your shoes)
- Black camisole or thin strap (camisole) leotard
- *Black leotard and leggings will be the required uniform for MADE rehearsal
- Convertible pink or flesh-tone tights for quick changes from ballet to MADE
- Nude undergarments - ALL MADE dancers are required to wear nude undergarments underneath all costumes to help facilitate quick changes. Dancers have the option to wear nude camisole leotards or two piece nude undergarments (camisole or racerback straps are okay). The idea is for the undergarments to be unseen beneath a costume, but to avoid dancers having to completely undress when changing backstage.

Items can be purchased at Boulder Body Wear for a 15% discount when mentioning MCDA/Mountain Kids. Other places to purchase items: Discount Dance Supply online or Capezio online.

Performance Kit

Bobby pins and hair elastics that match hair color

Hairspray/hair gel

Makeup set (blush, lipstick, mascara and eyeshadow)

Safety pins

Notebook/journal dedicated to MADE

A bag dedicated to your dance supplies



BAND APP



BAND is an app for smart phones as well as a website platform used for group communication. BAND is used by many clubs, dance studios, and other organizations because of its efficiency and safety. The layout is similar to a social media platform like Facebook, but limits users to only see what members in the BAND share.

We will be testing out BAND this year with our MADE company. Benefits to using BAND include:

- Organized home for all important files to be stored
- Albums for photos and videos for practicing at home
- MADE calendar that can be synced to your google calendar
- Notifications directly to your phone for reminders
- Ask a question by creating a post for Kaitlyn or Summer to reply
- Connect with other families for carpools, events, etc.

We encourage parents AND dancers to be on the BAND. We will be implementing several safety restrictions on the BAND (Kaitlyn or Summer have to approve new members before they join, all posts will be approved by admin before posting, etc).

To join the BAND, enter the link below on your computer or smart phone:

<https://band.us/n/a1ad7bA1JeI9f>



How MADE PARENTS CAN HELP!

1. Stay informed and encourage dancer independence and autonomy! We believe that company is a valuable opportunity for your dancer to work on their skills in responsibility. Dancers will be responsible for their rehearsals, class attendance, costumes/supplies, calendar and communicating absences or pertinent information with us. If your dancer has a question we recommend you give them agency, and encourage them to email Kaitlyn or call the office themselves. All company information will be sent to parents and company dancers so check your email for MADE and MCDA information.

2. Connect with us online!

Facebook page: "Mountain Contemporary Dance Arts"

Facebook group: MCDA Families

Instagram: @mcdadance

BAND: <https://band.us/n/a1ad7bA1JeI9f>

3. Share ideas with us about future events, field trips, offerings you'd like to see for your dancers.

4. Support and expose your dancer to professional dance performances in our community.

Here are a few organizations and performances we'd recommend

* CU Presents at Macky Auditorium

* DCPA Broadway Touring Series

* Local organization performances can also be found through Presenting Denver

*Our faculty will post and share their professional performances on our community board as well.

5. Chat with us. We love getting to know you as well as your dancers!



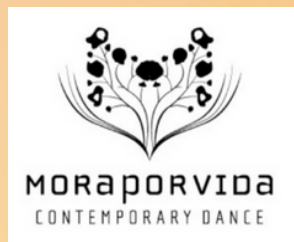
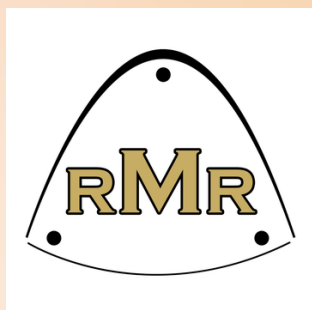
HOME GROWN

MADE THEME 2022/2023

This year's MADE theme is Home Grown - exploring the local Colorado dance community. We are so excited to be bringing in guests from dance companies all around our state to teach our dancers this season.

In the past, we have had our Broadway Connection program where a dancer from a touring Broadway show comes to teach our dancers a master class, then we all go see the show at the DCPA together. Since this program has not reopened in the wake of COVID, and in an effort to learn more about and support our local dance community, we will be attending several performances throughout the season as field trips from the companies that have taught us over the summer or the fall.

GUEST COMPANIES WE'VE HAD SO FAR...



WILD HEART DANCE

DANCER AGREEMENT

As a MADE company dancer and family;

- I have read and understand the MADE 2022/2023 company information provided.
- I agree to uphold the MADE mission and values: Teamwork, Integrity, Perseverance, Accountability, Artistry, Versatility, Prosperity
- I understand that the teaching staff has my best interest in mind when it comes to my MADE group placement and are placing me in a group that they believe will offer me the most success.
- I understand the requirements that apply to my MADE group when it comes to classes, performances, and choreography and agree to honor my commitments to my team.
- I understand that additional performances and special events have additional fees outside of my regular monthly tuition.
- I agree to adhere to the absence policies laid out specific to my MADE group. If I consistently miss more than 20% of my classes each month, I understand that the directors will meet with me and my family to determine next steps in the MADE program.
- I understand the injury policy and agree to communicate all injuries and treatments plans to the directors and my teachers if necessary.
- I agree to adhere to the dancer expectations listed in the company information provided. I understand that as a company member at MCDA, I am an example to both students within the studio and to outside guest artists or dancers at special events and agree to represent MCDA in a professional and courteous manner.

Should I have questions regarding any of the rules or policies I understand I should contact the Company Director for clarification or answers.

_____	_____	_____
Dancer Printed Name	Signature	Date

_____	_____	_____
Parent Printed Name	Signature	Date

Please return this page to Kaitlyn by your first MADE class (Aug 23rd or 26th)